

CARDIOVASCULAR CARE

Get The Facts: Peripheral Artery Disease (PAD)

- Peripheral Arterial Disease (PAD) is a condition that affects approximately 18 million Americans.¹
- Patients with PAD who undergo amputation have significantly higher rates of mortality at 30 days, 1 year, and 3 years than patients with PAD who do not undergo amputation.²
- 48% of patients over 65 years old die within the first year after a major amputation and 71% die within 3 years after a major amputation.²
- PAD more commonly affects more women than men, yet women tend to develop symptoms of PAD in their 60s and 70s—a decade later than men.³
- About 20% of people older than 75 are affected by PAD.⁴
- Smoking increases the risk of developing PAD by three to five times.⁵
- One in every three people over the age of 50 with diabetes is likely to have PAD.⁶
- If you have heart disease, you have higher than a 30% chance of also having PAD.⁷
- 50% of patients with PAD have cerebrovascular disease (CBVD).⁸
- 60-90% of patients with PAD have coronary artery disease (CAD).⁹
- 20-50% of PAD patients are asymptomatic and another 10-35% have claudication (pain caused by too little blood flow).¹⁰
- 75% of the PAD deaths are due to cardiovascular disease.¹¹

¹ <http://cardiovascularcoalition.com/preventive-aspects-in-peripheral-artery-disease/>

² <http://cardiovascularcoalition.com/wp-content/uploads/2014/08/Jones-WS-et-al.-Am-Heart-J.-2013-May.-1655-809-15.pdf>

³ <http://www.health.harvard.edu/heart-health/peripheral-artery-disease>

⁴ http://www2.massgeneral.org/bmg/harvard_health/Men_Sep_09.pdf

⁵ <http://www.csi360.com/risk-factors>

⁶ <http://www.health.harvard.edu/heart-health/peripheral-artery-disease>

⁷ <http://www.csi360.com/risk-factors>

⁸ <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3767482/>

⁹ <http://dev.biomedix.com/userfiles/Criqui-GeneralizedNatureofAtherosclerosisPADpredictCAD.pdf>

¹⁰ <http://effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?productid=948&pageaction=displayproduct>

¹¹ <http://www.strokenetwork.org/newsletter/medication/PAD.HTM>